FAMILY GRACES
God is great, God is good.
Let us thank him for our food.
By his hand, we all are fed.
Give us, Lord, our daily bread.

Amen.
For every mouth and every plateful, Lord, God, make us truly grateful!

Amen.
Thank you for the world so sweet.
Thank you for the food we eat.
Thank you for the birds that sing.
Thank you, God, for everything.

Amen.
Thank you, Lord, for giving us food!
Thank you, Lord, for giving us food!
For our daily bread, ’cause we need to be fed.
Thank you, Lord, for giving us food!

To the tune of “The Superman theme song”
Come, Lord Jesus, be our guest, and let this food to us be blessed. 

Amen.
Thank you for our food, we pray.
May we in turn do good today.
Amen.
Give us grateful hearts, our Father, for all thy mercies, and make us mindful of the needs of others; through Jesus Christ our Lord.

Amen.
For health and strength and daily bread, 
we praise your name, O Lord. 

Amen.
Dear God,
We thank you for our food, for life and joy and play.
We thank you for the special things you give to us each day.

Amen.
Bless our food, dear God, we pray.
And bless us, too, throughout this day.
Keep us safe and close to you.
Keep us just in all we do.
Amen.
The bread is pure and fresh, the water is cool and clear. Lord of all life, be with us. Lord of all, be near. Amen.

Traditional African Grace
Bless us, O Lord, and these thy gifts we are about to receive from thy bounty. In the name of the Father, and of the Son, and of the Holy Spirit. Amen.
Bless, O Lord, this food to our use and us to thy service. Keep us ever mindful of the needs of others; for Christ’s sake. 

Amen.
Thank you, gracious God, for this day of play and chores, for all we have done and for all we have yet to do. Keep us close to you and to one another. Bless this food, the hands that have prepared it, and all who will clean up after it! 

Amen.
Gracious God, friendship is one of the greatest gifts of life. We thank you for this food and these friends. May the meal nourish our bodies, and our relationships with one another. Thank you, God, for food and friends! In Christ’s name, we pray. Amen.